

Cooking Demo schedule for April 2017

Location	Tuesday	Wednesday	Thursday	Friday
Child Support Enforcement Agency 80 East Fulton Street Columbus, Ohio 43215 *Bring County ID 3rd Floor Conference Room		<u>Cooking Demo:</u> 4/5/2017 12 p.m 1 p.m.		
Children Services West Mound Street 855 West Mound Street Columbus, Ohio 43223 Room 341		Cooking Demo: 4/26/2017 12 p.m 1 p.m.		
Coroner's Office 520 King Avenue Columbus, Ohio 43201 Conference Room				Cooking Demo: 4/28/2017 12 p.m 1 p.m.
Government Tower 373 South High St Columbus, Ohio 43215 10th Floor - ThriveOn Space		Cooking Demo: 4/12/2017 12:15 p.m 1:15 p.m.		
Job and Family Services East 1055 Mt Vernon Ave Columbus, Ohio 43203 Conference Room		Cooking Demo: 4/5/2017 12 p.m 1 p.m.		
Job and Family Services Northland Park 1721 Northland Park Avenue Columbus, Ohio 43229 Room 132 A	<u>Cooking Demo:</u> 4/18/2017 12 p.m 1 p.m.			
Solid Waste Authority of Central Ohio (SWACO) 4239 London-Groveport Road Grove City, Ohio 43123 Breakroom Administrative Office Building		Cooking Demo: 4/19/2017 12 p.m 1 p.m.		

Tuna and White Bean Salad

White beans, cherry tomatoes, and savory tuna give this refreshing spring salad a tasty Mediterranean flair. The Mediterranean diet has been shown repeatedly to have an abundance of health benefits.